

# AESTHETIC EYELID AND FACIAL REJUVINATION COURSE 2025

*A LIVE IN-PERSON ACTIVITY*

**FRIDAY-SATURDAY ●● JULY 11-12, 2025**

UCLA Stein Eye Institute  
UCLA Campus



**PROGRAM CHAIRMAN**

*Robert A. Goldberg, MD*

**COURSE DIRECTORS**

*Justin N. Karlin, MD*

*Robert A. Goldberg, MD*

*Daniel Rootman, MD*

*Jonathan A. Hoenig, MD*

**SHORR LECTURER**

*Ronald Mancini, MD, FACS*

**LABORATORY DIRECTOR**

*Justin N. Karlin, MD*

**DISSECTION MODERATOR**

*Steven Leibowitz, MD*



# AESTHETIC EYELID AND FACIAL REJUVENATION COURSE

## **FRIDAY, July 11, 2025**

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**UCLA Stein Eye Institute, 73-167 CHS, Dissection Laboratory – 7:00 am - 4:30 pm**

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

## **SATURDAY, July 12, 2025**

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**UCLA Stein Eye Institute, RPB Auditorium – 7:15 am - 5:00 pm**

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today's sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering blepharoplasty, aesthetic ptosis surgery, fat transfer, skin treatments and injectables. Course participants unable to attend the first day of the course are welcome for the second day.





## COURSE DESCRIPTION

This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

## TARGET AUDIENCE

This educational activity is designed for healthcare professionals specializing in dermatology, ophthalmology, and plastic surgery, including physicians, fellows, residents, and other relevant practitioners.

## OBJECTIVES

*At the conclusion of this program participants will be able to:*

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.



# AESTHETIC EYELID AND FACIAL REJUVENATION COURSE

**FRIDAY, JULY 11TH, 2025**

## Dissection Laboratory – (CHS 73-167)

- 7:00 Registration, Breakfast, and Exhibits
- 7:55 Laboratory Course Introduction – Justin N. Karlin, MD, Robert A. Goldberg, MD, Daniel Rootman, MD, and Steven Leibowitz, MD

## Anatomic Foundations and Surgical Correlates

- 8:05 Upper and lower eyelid anatomy – Daniel B. Rootman, MD and Francisco Javier Moreno-Alemán Sanchez, MD
- 8:20 Upper Blepharoplasty Anatomy and Incision Design – Louis Savar, MD
- 8:40 Hands-On Cadaver Lab: Upper Blepharoplasty – Aaron Savar, MD, Bruce Becker, MD, M. Polly McKinstry, MD, and Peter Fodor, MD, FACS

## Ptosis

- 9:20 Ptosis Videos and UCLA clamp – Robert A. Goldberg, MD, Justin N. Karlin, MD and Tatiana Rosenblatt, MD
- 9:30 Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

## Lower Blepharoplasty

- 9:50 Fat pads in 3 dimensions – Robert A. Goldberg, MD
- 9:55 Lower Blepharoplasty: Reduction and repositioning – Justin N. Karlin, MD
- 10:00 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations – Aaron Savar, MD, Bruce Becker, MD, M. Polly McKinstry, MD, and Peter Fodor, MD, FACS

## Canthoplasty

- 11:10 Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD and Angela Oh, MD
- 11:20 Hands-On Cadaver Lab: Small Incision Canthoplasty – Aaron Savar, MD, Bruce Becker, MD, M. Polly McKinstry, MD, and Peter Fodor, MD, FACS
- 12:00 Lunch and Exhibits

## Forehead and Mid-Face Lift

- 1:00 Upper and Midface Lift Anatomy/Video – Jonathan Hoenig, MD and Connie Sears, MD
- 1:10 Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery, Direct Eyebrow Approaches – Aaron Savar, MD, Bruce Becker, MD, M. Polly McKinstry, MD, and Peter Fodor, MD, FACS

## Fat Transfer

- 2:00 Harvesting, processing, and injection techniques – David Isaacs, MD and Javier Moreno-Alemán, MD
- 2:10 Hands-On Cadaver Lab: Fat transfer – Aaron Savar, MD, Bruce Becker, MD, M. Polly McKinstry, MD, and Peter Fodor, MD, FACS

## Suture Lifts

- 2:40 Techniques for Suture Lifting with Video – Kian Karimi, MD, FACS
- 2:50 Hands-On Cadaver Lab: Suture lifts – Kian Karimi, MD, FACS

## Special Procedures – break out tables

- 3:40 – 4:30
- |                                       |                        |
|---------------------------------------|------------------------|
| Medial Canthoplasty & Epicanthoplasty | Daniel B. Rootman, MD  |
| Suture lifts                          | Kian Karimi, MD, FACS  |
| Earlobe reduction                     | Jonathan A. Hoenig, MD |
| Facial filler injection               | Robert A. Goldberg, MD |
| Cheiloplasty                          | Angela Oh, MD          |
- 4:30 Adjourn





# AESTHETIC EYELID AND FACIAL REJUVENATION COURSE

## SATURDAY, JULY 12, 2025 – UCLA STEIN EYE INSTITUTE, RPB AUDITORIUM

- 7:15 Registration, Breakfast, and Exhibits  
8:00 Introduction – **Robert A. Goldberg, MD**  
8:05 Individualized assessment and planning for aesthetic rejuvenation – **Robert A. Goldberg, MD**

### **Upper Blepharoplasty and Ptosis**

- 8:30 Ptosis in Blepharoplasty – **Daniel Rootman, MD**  
8:40 Cosmetic Ptosis Surgery: control of symmetry, TPS and contour – **Robert A. Goldberg, MD**  
9:00 Ptosis controversies – expert panel with **Robert A. Goldberg, MD, Daniel B. Rootman, MD, Ronald Mancini, MD, FACS and Jonathan A. Hoenig, MD**  
9:15 Sub eyebrow blepharoplasty with dermal stacking – **Connie Sears, MD**  
9:20 Endo-Forehead: Personal Observations – **Peter Fodor, MD FACS**  
9:35 The Unhappy Post-blepharoplasty patient – **Robert A. Goldberg, MD**  
9:45 Blepharoplasty Pearls for Asian Patients – **Sandy Zhang-Nunes, MD**  
9:55 Questions and Answers  
10:10 Coffee Break and Exhibits

### **Lower Blepharoplasty and Mid-face Rejuvenation**

- 10:30 Best surgical techniques from 30 years of lower blepharoplasty – **Michael J. Groth, MD**  
10:45 Pearls for periorbital fat transfer – **Justin N. Karlin, MD**  
10:55 Gentle Sleep Anesthesia – How Dexmedetomidine Changes Facial Plastic Surgery – **Simon Madorsky, MD**  
11:10 Special considerations for lower eyelid & mid-face rejuvenation in patients with prominent globe morphology – **Ronald Mancini, MD, FACS**  
11:22 Conservative management of mild lower eyelid malposition following blepharoplasty – **Robert A. Goldberg, MD**  
11:35 Questions and Answers  
11:45 Introduction of the Norman Shorr Lecturer – **Justin N. Karlin, MD**  
11:50 Norman Shorr Lecture – **Ronald Mancini, MD, FACS**  
12:20 Lunch and Exhibits

### **Skin Treatments and Injectables**

- 1:15 Filler related periorbital edema – mechanisms and treatment options – **Neil M. Vranis, MD**  
1:25 Facial shape, size and gender – **Val Lambros, MD, FACS**  
1:45 Adjunctive procedures to enhance your blepharoplasty results – **Justin N. Karlin, MD**  
1:55 Repairing the Post-Upper Blepharoplasty Syndrome – **Kenneth Steinsapir, MD**  
2:05 Clinical photography and videography – **Timothy Zoltie, BA, PGC**  
2:15 Update on dermatologic treatment of periorbital aging skin – **Ladan Shahabi, MD**  
2:25 What role does PRF play in my practice? – **Kian Karimi, MD, FACS**  
2:40 Practical tips for facial rejuvenation – **Jason Roostaeian, MD**  
2:45 Questions and Answers  
2:55 Coffee Break and Exhibits

### **Cosmetic Consultations**

- 3:15 Demonstrations: Botulinum Toxin, Fillers and PRF/ezGEL  
Video demonstrations of injection techniques and thread lifts, with commentary and controversies  
Moderator: **Cynthia Boxrud, MD**  
Faculty: **Robert A. Goldberg, MD, Kian Karimi, MD, Francine Young, RN, Sherly Soleiman, MD, and Justin N. Karlin, MD**  
4:10 Filler complications – etiology and management – **Daniel B. Rootman, MD**  
4:20 M & M from Fellows Conference: The Worst Complications of the Year and How They Were Managed – **Tatiana Rosenblatt, MD, Angela Oh, MD and Maria Quintero, MD**  
Faculty Comments and Pearls for Managing Complications – **Daniel B. Rootman, MD, Robert A. Goldberg, MD and Justin N. Karlin, MD**  
4:45 Final Questions and Answers  
5:00 Adjourn

# COURSE FACULTY

## PROGRAM CHAIRMAN

*Robert A. Goldberg, MD*

## COURSE DIRECTORS

*Justin N. Karlin, MD*

*Robert A. Goldberg, MD*

*Daniel Rootman, MD*

*Jonathan A. Hoenig, MD*

## LABORATORY DIRECTOR

*Justin N. Karlin, MD*

## DISECTION MODERATOR

*Steven Leibowitz, MD*

## SHORR LECTURER

*Ronald Mancini, MD, FACS*

## GUEST FACULTY

*Aaron Savar, MD*  
Beverly Hills, CA

*Connie Sears, MD*  
Los Angeles, CA

*Cynthia Boxrud, MD*  
Santa Monica, CA

*Francine Young, RN*  
Los Angeles, CA

*Francisco Javier Moreno-  
Alemán Sanchez, MD*  
Bakersfield, CA

*Kian Karimi, MD, FACS*  
Los Angeles, CA

*Louis M. Savar, MD*  
Beverly Hills, CA

*Michael Groth, MD*  
Los Angeles, CA

*M. Polly McKinstry, MD*  
Laguna Hills, CA

*Neil M. Vranis, MD*  
Beverly Hills, CA

*Ronald Mancini, MD*  
Irvine, CA

*Sandy Zhang-Nunes, MD*  
Los Angeles, CA

*Sherly Soleiman, MD*  
Los Angeles, CA

*Simon Madorsky, MD*  
Newport Beach, CA

*Tatiana Rosenblatt, MD*  
Boston, MA

*Timothy Zoltie, BA, PGC*  
London, United Kingdom

*Val Lambros, MD, FACS*  
Corona Del Mar, CA

## UCLA LABORATORY PRECEPTORS

*Angela Oh, MD*

*David Isaacs, MD*

*Jonathan Hoenig, MD*

*Maria Paula Quintero, MD*

## UCLA COURSE FACULTY

*Bruce Becker, MD*

*Daniel B. Rootman, MD*

*Jason Roostaeian, MD*

*Justin N. Karlin, MD*

*Kenneth Steinsapir, MD*

*Ladan Shahabi, MD*

*Peter Fodor, MD, FACS*

*Robert A. Goldberg, MD*

*Steven Leibowitz, MD*

## ACCOMMODATIONS

W LOS ANGELES – WESTWOOD HOTEL:  
930 Hilgard Avenue  
Los Angeles, California 90024  
Within walking distance  
Reservations: 1-800-877-W-HOTELS

LUSKIN CONFERENCE CENTER:  
425 Westwood Plaza  
Los Angeles, California 90049  
Within walking distance  
Reservations: 855-522-8252

## DIRECTIONS

Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport.

Parking is available in LOT 18 -  
10833 Le Conte Ave, Los Angeles, CA  
90095

Parking fee is \$16 per day.

FROM THE SAN DIEGO FREEWAY (405)  
Take Wilshire Boulevard off ramp east  
(toward Westwood Boulevard). Turn  
left onto Westwood Boulevard from  
Wilshire. After crossing Le Conte, turn  
right onto Stein Plaza. Parking is  
located immediately to the right  
(adjacent to the Doris Stein Eye  
Research Center) as you turn onto  
Stein Plaza.

AIRPORT SHUTTLE SERVICE  
Prime Time (800) 262-7433  
Skycar (310) 306-3554  
Super Shuttle (310) 532-5999

TAXICABS  
Beverly Hills Cab Co. (310) 273-6611  
Checker Cab Co. (800) 300-5007  
United Independent (310) 278-2500



# REGISTRATION

## AESTHETIC EYELID AND FACIAL REJUVENATION COURSE 2025

### Registration Fees (Includes continental breakfast and lunch):

- ☐ Friday and Saturday – In-Person Fresh Cadaver Surgery Procedure Workshop and Didactic Session \$3,400
- ☐ Saturday Only – Live In-Person Didactic Session \$550
- ☐ Saturday Only – Live In-Person Didactic Session Resident and Fellow Pricing \$200

### Cancellation Policy:

Request for refunds must be received by email to [ccpd@mednet.ucla.edu](mailto:ccpd@mednet.ucla.edu) no later than June 15, 2025 and will be subject to a \$100 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or re-scheduled, a full refund will be provided.

### Course Recording

The course will not be recorded.

### Enrollment:

To register using a credit card or ACH/electronic transfer, please visit:  
<https://ucla.cloud-cme.com/Aesthetic25>.

\*Credit card and check payments via phone, fax, or mail are no longer accepted.

### Questions:

If you have any questions about enrollment, please call (310) 794-2620 or email: [ccpd@mednet.ucla.edu](mailto:ccpd@mednet.ucla.edu)

### ACCREDITATION

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 17.50 *PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### DISCLOSURES

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.

# MEET OUR FACULTY



Justin N. Karlin, MD  
Course/Lab Director  
UCLA Course Faculty



Robert A. Goldberg, MD  
Program Chairman  
UCLA Course Faculty



Daniel Rootman, MD  
Course Director  
UCLA Course Faculty



Jonathan Hoenig, MD  
Course Director



Steven Leibowitz, MD  
Dissection Moderator  
UCLA Course Faculty



Ronald Mancini, MD, FACS  
Shorr Lecturer



Aaron Savar, MD  
Course Faculty  
Beverly Hills, CA



Bruce Becker, MD  
Course Faculty  
Los Angeles, CA



Connie Sears, MD  
Course Faculty  
Los Angeles, CA



Cynthia Boxrud, MD  
Course Faculty  
Santa Monica, CA



Francine Young, RN  
Course Faculty  
Los Angeles, CA



Javier Moreno-Alemán, MD  
Course Faculty  
Bakersfield, CA



Kian Karimi, MD, FACS  
Course Faculty  
Los Angeles, CA



Louis M. Savar, MD  
Course Faculty  
Beverly Hills, CA



Michael J. Groth, MD  
Course Faculty  
Los Angeles, CA



M. Polly McKinstry, MD  
Course Faculty  
Laguna Hills, CA



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Neil M. Vranis, MD  
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Beverly Hills, CA



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Val Lambros, MD, FACS  
Course Faculty  
Corona Del Mar, CA



Angela Oh, MD  
UCLA Laboratory  
Preceptor



David Isaacs, MD  
UCLA Laboratory  
Preceptor



Maria P. Quintero, MD  
UCLA Laboratory  
Preceptor



Jason Roostaeian, MD  
UCLA Course Faculty



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UCLA Course Faculty



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UCLA Course Faculty