

AESTHETIC EYELID AND FACIAL REJUVINATION COURSE 2025

A LIVE IN-PERSON ACTIVITY

FRIDAY-SATURDAY ●● JULY 11-12, 2025

UCLA Stein Eye Institute
UCLA Campus

**PROGRAM CHAIRMAN**

Robert A. Goldberg, MD

COURSE DIRECTORS

Justin N. Karlin, MD

Robert A. Goldberg, MD

Daniel Rootman, MD

Jonathan A. Hoenig, MD

LABORATORY DIRECTOR

Justin N. Karlin, MD

DISSECTION VIDEO FEED MODERATORS

Steven Leibowitz, MD

SHORR LECTURER

Ronald Mancini, MD, FACS



AESTHETIC EYELID AND FACIAL REJUVENATION COURSE

FRIDAY, July 11, 2025

UCLA Stein Eye Institute, 73-167 CHS, Dissection Laboratory – 7:00 am - 4:30 pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees have raved about this experience.

SATURDAY, July 12, 2025

UCLA Stein Eye Institute, RPB Auditorium – 7:15 am - 5:00 pm

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today's sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering blepharoplasty, aesthetic ptosis surgery, fat transfer, skin treatments and injectables. Course participants unable to attend the first day of the course are welcome for the second day.



COURSE DESCRIPTION

This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renowned experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

TARGET AUDIENCE

Specialties – Dermatology, Ophthalmology, Plastic Surgery

Professions – Fellow, Physician, Resident

OBJECTIVES

At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.



AESTHETIC EYELID AND FACIAL REJUVENATION COURSE

FRIDAY, JULY 11TH, 2025

Dissection Laboratory – (CHS 73-167)

- 7:00 Registration, Breakfast, and Exhibits
7:55 Laboratory Course Introduction – Justin N. Karlin, MD, Robert A. Goldberg, MD, Daniel Rootman, MD, and Steven Leibowitz, MD

Anatomic Foundations and Surgical Correlates

- 8:05 Upper and lower eyelid anatomy – Daniel B. Rootman, MD and Javier Moreno-Alemán, MD
8:20 Upper Blepharoplasty Anatomy and Incision Design – Louis Savar, MD
8:40 Hands-On Cadaver Lab: Upper Blepharoplasty

Ptosis

- 9:20 Ptosis Videos and UCLA clamp – Robert A. Goldberg, MD, Justin N. Karlin, MD and Tatiana Rosenblatt, MD
9:30 Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty

- 9:50 Fat pads in 3 dimensions – Robert A. Goldberg, MD
9:55 Lower Blepharoplasty: Reduction and repositioning – Justin N. Karlin, MD
10:00 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations

Canthoplasty

- 11:10 Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD and Angela Oh, MD
11:20 Hands-On Cadaver Lab: Small Incision Canthoplasty
12:00 Lunch and Exhibits

Forehead and Mid-Face Lift

- 1:00 Upper and Midface Lift Anatomy/Video – Jonathan Hoenig, MD and Connie Sears, MD
1:10 Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery, Direct Eyebrow Approaches

Fat Transfer

- 2:00 Harvesting, processing, and injection techniques – David Isaacs, MD and Javier Moreno-Alemán, MD
2:10 Hands-On Cadaver Lab: Fat transfer

Suture Lifts

- 2:40 Techniques for Suture Lifting with Video – Kian Karimi, MD, FACS
2:50 Hands-On Cadaver Lab: Suture lifts – Kian Karimi, MD, FACS

Special Procedures – break out tables

3:40 – 4:30

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|---------------------------------------|------------------------|
| Medial Canthoplasty & Epicanthoplasty | Daniel B. Rootman, MD |
| Suture lifts | Kian Karimi, MD, FACS |
| Earlobe reduction | Jonathan A. Hoenig, MD |
| Facial filler injection | Robert A. Goldberg, MD |
| Cheiloplasty | Angela Oh, MD |

4:30 Adjourn



AESTHETIC EYELID AND FACIAL REJUVENATION COURSE

SATURDAY, JULY 12, 2025 – UCLA STEIN EYE INSTITUTE, RPB AUDITORIUM

- 7:15 Registration, Breakfast, and Exhibits
8:00 Introduction – **Robert A. Goldberg, MD**
8:05 Individualized assessment and planning for aesthetic rejuvenation – **Robert A. Goldberg, MD**

Upper Blepharoplasty and Ptosis

- 8:30 Local anesthesia and minimal cautery for office-based blepharoplasty – **Daniel Rootman, MD**
8:45 Cosmetic Ptosis Surgery: control of symmetry, TPS and contour – **Robert A. Goldberg, MD**
9:00 Ptosis controversies – expert panel with **Robert A. Goldberg, MD, Daniel B. Rootman, MD, Ronald Mancini, MD, FACS and Jonathan A. Hoenig, MD**
9:10 Sub eyebrow blepharoplasty with dermal stacking – **Connie Sears, MD**
9:20 Top tips for achieving the best upper blepharoplasty outcomes – **Justin N. Karlin, MD**
9:30 The Unhappy Post-blepharoplasty patient – **Robert A. Goldberg, MD**
9:45 Building an aesthetic practice – **Sandy Zhang-Nunes, MD**
9:55 Questions and Answers
10:10 Coffee Break and Exhibits

Lower Blepharoplasty and Mid-face Rejuvenation

- 10:30 Best surgical techniques from 30 years of lower blepharoplasty – **Michael J. Groth, MD**
10:45 Pearls for periorbital fat transfer – **Justin N. Karlin, MD**
11:00 Aesthetic Pearls and Pitfalls for the Reconstructive Surgeon – **Simon Madorsky, MD**
11:12 Special considerations for lower eyelid & mid-face rejuvenation in patients with prominent globe morphology – **Ronald Mancini, MD, FACS**
11:22 My approach to mid-face rejuvenation with filler: **Rebecca Fitzgerald, MD**
11:25 Conservative management of mild lower eyelid malposition following blepharoplasty – **Robert A. Goldberg, MD**
11:40 Questions and Answers
11:45 Introduction of the Norman Shorr Lecturer – **Justin N. Karlin, MD**
11:50 Norman Shorr Lecture – **Ronald Mancini, MD, FACS**
12:20 Lunch and Exhibits

Skin Treatments and Injectables

- 1:15 Filler related periorbital edema – mechanisms and treatment options – **Niel Vranis, MD**
1:30 Facial shape, size and gender – **Val Lambros, MD, FACS**
1:45 Adjunctive procedures to enhance your blepharoplasty results – **Justin N. Karlin, MD**
1:55 Microdroplet botulinum toxin techniques – **Kenneth Steinsapir, MD**
2:05 Clinical photography and videography – **Timothy Zoltie, BA, PGC**
2:15 Update on dermatologic treatment of periorbital aging skin – **Ladan Shahabi, MD**
2:25 What role does PRF play in my practice? – **Kian Karimi, MD, FACS**
2:35 Practical tips for facial rejuvenation – **Jason Roostaeian, MD**
2:45 Questions and Answers
2:55 Coffee Break and Exhibits

Cosmetic Consultations

- 3:15 Demonstrations: Botulinum Toxin, Fillers and PRF/ezGEL
Video demonstrations of injection techniques and thread lifts, with commentary and controversies
Moderator: **Cynthia Boxrud, MD**
Faculty: **Robert A. Goldberg, MD, Kian Karimi, MD, Francine Young, RN, Sherly Soleiman, MD, and Justin N. Karlin, MD**
4:10 Filler complications – etiology and management – **Daniel B. Rootman, MD**
4:20 M & M from Fellows Conference: The Worst Complications of the Year and How They Were Managed – **Tatiana Rosenblatt, MD, Angela Oh, MD and Maria Quintero, MDD**
Faculty Comments and Pearls for Managing Complications – **Daniel B. Rootman, MD, Robert A. Goldberg, MD and Justin N. Karlin, MD**
4:45 Final Questions and Answers
5:00 Adjourn

COURSE FACULTY

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Jonathan A. Hoenig, MD

LABORATORY DIRECTOR

Justin N. Karlin, MD

DISSECTION VIDEO FEED DIRECTORS

Steven Leibowitz, MD

SHORR LECTURER

Ronald Mancini, MD, FACS

GUEST FACULTY

Connie Sears, MD
Los Angeles, CA

Cynthia Boxrud, MD
Santa Monica, CA

Francine Young, RN
Los Angeles, CA

Javier Moreno-Alemán, MD
Bakersfield, CA

Kian Karimi, MD, FACS
Los Angeles, CA

Louis M. Savar, MD
Beverly Hills, CA

Michael Groth, MD
Los Angeles, CA

Niel M. Vranis, MD
Beverly Hills, CA

Rebecca Fitzgerald, MD
Los Angeles, CA

Ronald Mancini, MD
Irvine, CA

Sandy Zhang-Nunes, MD
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Sherly Soleiman, MD
Los Angeles, CA

Simon Madorsky, MD
Los Angeles, CA

Tatiana Rosenblatt, MD
Boston, MA

Timothy Zoltie, BA, PGC
London, United Kingdom

Val Lambros, MD, FACS
Corona Del Mar, CA

UCLA LABORATORY PRECEPTORS

Angela Oh, MD

David Isaacs, MD

Jonathan Hoenig, MD

Maria Paula Quintero, MD

UCLA COURSE FACULTY

Daniel B. Rootman, MD

Jason Roostaeian, MD

Justin N. Karlin, MD

Kenneth Steinsapir, MD

Ladan Shahabi, MD

Robert A. Goldberg, MD

Steven Leibowitz, MD

ACCOMMODATIONS

W LOS ANGELES – WESTWOOD HOTEL:

930 Hilgard Avenue
Los Angeles, California 90024

Within walking distance

Reservations: 1-800-877-W-HOTELS

LUSKIN CONFERENCE CENTER:

425 Westwood Plaza
Los Angeles, California 90049

Within walking distance

Reservations: 855-522-8252

DIRECTIONS

Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport.

Parking is available in LOT 18 - 10833 Le Conte Ave, Los Angeles, CA 90095

Parking fee is \$16 per day.

FROM THE SAN DIEGO FREEWAY (405)

Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE

Prime Time (800) 262-7433

Skycar (310) 306-3554

Super Shuttle (310) 532-5999

TAXICABS

Beverly Hills Cab Co. (310) 273-6611

Checker Cab Co. (800) 300-5007

United Independent (310) 278-2500

REGISTRATION

AESTHETIC EYELID AND FACIAL REJUVENATION COURSE 2025

Registration Fees (Includes continental breakfast and lunch):

- Friday and Saturday – In-Person Fresh Cadaver Surgery Procedure Workshop and Didactic Session \$3,400
- Friday and Saturday – In-Person Moderated High Definition Video Feed of Dissection Lab and Didactic Session \$2,200
- Saturday Only – Live In-Person Didactic Session \$550
- Saturday Only – Live In-Person Didactic Session Resident and Fellow Pricing \$200

Cancellation Policy:

Request for refunds must be received by email to ccpd@mednet.ucla.edu no later than June 15, 2025 and will be subject to a \$100 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or re-scheduled, a full refund will be provided.

Course Recording

The course will not be recorded.

Enrollment:

To register using a credit card or ACH/electronic transfer, please visit:

<https://ucla.cloud-cme.com/Aesthetic25>.

*Credit card and check payments via phone, fax, or mail are no longer accepted.

Questions:

If you have any questions about enrollment, please call (310) 794-2620 or email: ccpd@mednet.ucla.edu

ACCREDITATION

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 17.50 *PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.

Meet our FACULTY



Justin N. Karlin, MD
Course/Lab Director
UCLA Course Faculty



Robert A. Goldberg, MD
Program Chairman
UCLA Course Faculty



Daniel Rootman, MD
Course Director
UCLA Course Faculty



Jonathan Hoenig, MD
Course Director



Steven Leibowitz, MD
Dissection Video Feed Director
UCLA Course Faculty



Ronald Mancini, MD, FACS
Shorr Lecturer



Connie Sears, MD
Course Faculty
Los Angeles, CA



Cynthia Boxrud, MD
Course Faculty
Santa Monica, CA



Francine Young, RN
Course Faculty
Los Angeles, CA



Javier Moreno-Alemán, MD
Course Faculty
Bakersfield, CA



Kian Karimi, MD, FACS
Course Faculty
Los Angeles, CA



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Course Faculty
Beverly Hills, CA



Michael J. Groth, MD
Course Faculty
Los Angeles, CA



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Timothy Zoltie, MA, PGC
Course Faculty
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Val Lambros, MD, FACS
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Angela Oh, MD
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David Isaacs, MD
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Maria P. Quintero, MD
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