

# Department of Anesthesiology and

**March 25, 2026 at 7:00 AM – 8:00 AM**

**Live In-Person/ Live Virtual**

## **Department of Anesthesiology and Perioperative Medicine Grand Rounds Conference - TOPIC: Anesthesia for Electroconvulsive Therapy (ECT)**

### **Overview**

Series dedicated to clinicians in the medical field where recent advancements in research and methodologies, as well as preventative measures are shared and discussed. The series' speakers are experts, mentors, and trainees giving us a holistic approach. Objectives include clinical and professional matters in the anesthesiology field and with our partners in medicine.

### **Learning Objectives**

- 1 Explain the role of anesthesia in enhancing the safety, tolerability, and therapeutic effectiveness of ECT.
- 2 Understand the physiological and physical responses to ECT, including cardiovascular and cerebral blood flow changes.
- 3 Understand ECT risks and contraindications, and how these are considered when evaluating patients for ECT clearance.

### **Target Audience**

Specialties – Anesthesiology, Adult Cardiac Anesthesiology, Critical Care Medicine, General Anesthesiology, Neurocritical Care, Pediatric Anesthesiology

Professions – Physician, Certified Registered Nurse Anesthetist, Fellow, Fellow/Resident, Medical Student, Nurse, Nurse Anesthetists, Pharmacist, Physician Assistant, Quality Improvement Professional, Resident, Scientist/ Researcher

### **Accreditation Statement**



ACCME  
ACCREDITED

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### **Credit Designation Statements**

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Disclosure Statement**

The individuals below have been identified as having a position to influence the content of this educational activity. As such, they have disclosed the absence or presence of a relevant financial relationship(s) with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All of the relevant financial relationships for these individuals have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Araceli Alvarez-Decordova, Other	Activity Coordinator	Nothing to disclose - 11/24/2025
LINDSAY A BROWN, MD	Activity Administrator	Nothing to disclose - 06/27/2025
Carla Gonzalez, Other	Activity/Series Coordinator	Nothing to disclose - 11/24/2025
LINDA LI, MD	Faculty	Nothing to disclose - 03/03/2026
JOSEPH S MELTZER, MD, Clinical	Course Director	Nothing to disclose - 01/06/2026

Professor of Anesthesiology, Critical Care and Surgery		
CHRISTINE MYO BUI, MD, Associate Program Director	Other Planning Committee Member	Nothing to disclose - 11/25/2025
CHRISTINE NGUYEN-BUCKLEY, MD	Other Planning Committee Member	Nothing to disclose - 01/30/2026
DANE SAKSA, MD	Faculty	Nothing to disclose - 02/18/2026
NEIL SHAW, MD	Other Planning Committee Member	Nothing to disclose - 11/24/2025
LAUREN VAJDA, MD	Faculty	Nothing to disclose - 03/10/2026

### **Commercial Support**

This activity has not received commercial support.

### **Connect with Us**

Center for Continuing Medical Education (CCPD)

[ccpd@mednet.ucla.edu](mailto:ccpd@mednet.ucla.edu)

(310) 794-2620