

Dr. Meena Makhijani is an integrative Geriatrician at UCLA Health. She is triple board certified in Geriatric Medicine, Family Medicine, and Integrative Medicine. She is also a certified Ayurveda Practitioner, having extensively studied the ancient Indian form of medicine.

As a Doctor of Osteopathy (D.O), the concept of whole person care is core to her training. She uses an integrative perspective to optimize health in her Geriatrics practice at UCLA. She authored the chapter on Integrative Medicine for the GRS (Geriatrics Review Syllabus), and for Ham's Primary Care Geriatrics Textbook. She serves as Guest Faculty at Loyola Marymount University and Maharishi International University.

Dr. Makhijani has completed a 200 hour Yoga Teacher Training in AyurYoga. She also maintains spiritual and meditation practices, and is a professional Indian classical dancer and musician.