

UCLA

David Geffen School of Medicine

THE 12th ANNUAL

UCLA Diabetes Symposium



Saturday, November 16, 2024

The Ritz-Carlton, Marina del Rey
Marina del Rey, California 90292

Center for
Continuing Professional
Development

The 12th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge given its rising prevalence, cost, and risk of chronic complications and co-morbidities. Healthcare providers are required to address these concerns in a changing landscape of therapy and technology where treatments for diabetes continue to expand. The annual UCLA Diabetes Symposium is a full-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art patient care. Experts in the field will review current best practices, including updates in care, guidelines, and new medication classes, as well as address co-morbidities including cardiovascular disease and obesity.

Course Objectives

At the completion of this course, participants should be able to:

- Counsel patients with diabetes on cardiovascular disease prevention.
- Discuss the risks and benefits of SGLT-2 Inhibitors.
- Understand the risks and benefits of Incretin (GLP-1, GIP) medications used in type 2 diabetes mellitus.
- Counsel patients on the use of diabetes technologies, including continuous glucose monitoring (CGM) devices.
- Understand obesity co-morbidities and treatments.
- Recognize the intersection of bone health and diabetes as well as treatment of fracture prevention.

Target Audience

The UCLA diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.

Course Faculty

COURSE DIRECTORS

Dianne S. Cheung, MD, MPH, FACE, ECNU

Associate Clinical Professor
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-South Bay Endocrinology
David Geffen School of Medicine at UCLA

Matthew Freeby, MD

Associate Clinical Professor of Medicine
Director, Gonda Diabetes Center
Director, Diabetes Clinical Programs
Division of Endocrinology, Diabetes & Metabolism
David Geffen School of Medicine at UCLA

GUEST FACULTY

William H. Polonsky, PHD, CDCES

Assistant Clinical Professor in Psychiatry
University of California, San Diego

David Ahn, MD.

Endocrinologist, Diabetes and Metabolism
Program Director, Mary & Dick Allen Diabetes
Center
Newport Beach, CA

Gina Woods, MD

Endocrinology, Diabetes & Metabolism
UC San Diego Health-La Jolla and Hillcrest
Hospitals

Chris K. Guerin, MD, FACE, FNLA

Endocrinology and Metabolism, Internal
Medicine, and Lipidology
Oceanside, CA

DAVID GEFFEN SCHOOL OF MEDICINE AT UCLA FACULTY

Sophie M. Cannon, MD

Clinical Instructor in the Department of
Medicine, Division of Endocrinology, Diabetes
& Metabolism
David Geffen School of Medicine, UCLA

Amy Y. Chow, MD

Endocrinology
David Geffen School of Medicine, UCLA

Andrew J. Day, MD

Endocrinology

Ian A. Downs, MD

Endocrinology, Diabetes & Metabolism

Deepashree Gupta, MD

Internal Medicine and Endocrinology,
Diabetes and Metabolism
David Geffen School of Medicine, UCLA

Estelle M. Everett, MD

Endocrinology, Health Services Researcher
David Geffen School of Medicine, UCLA

Dina S. Kamel, MD

Endocrinology
UCLA

Anthony P. Heaney, MD, PhD.

Associate Professor, David Geffen School of
Medicine, UCLA
Gonda Diabetes Center
Jelena Maletkovic Barjaktarevic, MD
Endocrinology

Kyrstin L. Lane, MD

Endocrinology
Gonda (Goldschmied) Diabetes Center,
Santa Monica, CA

Robert L. Li, MD, PhD

Endocrinology
Torrance, CA

Anjay Rastogi, MD, PhD

Professor and Clinical Chief of Nephrology
David Geffen School of Medicine, UCLA

Program Schedule

Saturday, November 16, 2024

7:00 Registration/Continental Breakfast/Exhibits

7:50 Introduction and Welcome

Matthew Freeby, MD and Anthony Heaney, MD, PhD

Management of Diabetes and Related Disorders: Session I

Moderators: *Michael Polisky MD and Amy Chow, MD*

8:00 Dyslipidemia and CVD Risk Reduction

Chris Guerin, MD

8:40 Evolving Guidelines - What's New in Type 2 Diabetes Mellitus

Deepashree Gupta, MD

9:15 SGLT-2 Inhibitors - Investigating Impact on Diabetes and the Heart

Kyrstin Lane, MD

9:55 Diabetes Kidney Disease - A Nephrologist's Perspective

Anjay Rastogi, MD

10:35 Break and Exhibits

Managing Diabetes and Related Disorders: Session II

Moderators: *Sophie Cannon, MD and Dina Kamel, MD*

10:50 The Incretin Pathway - Why All the Buzz with GLP-1 and GIP?

Dianne Cheung, MD

11:30 Hypoglycemia - Prevention and Treatment

Matthew Freeby, MD

12:00 Lunch and Exhibits

Management of Diabetes and Related Disorders: Session III

Moderators: Jelena Maletkovic, MD and Andrew Day, MD

- 1:00 **Diabetes Distress**
William Polonsky, PhD, CDCES
- 1:40 **Updates on CGM and Practical Tips for Implementation**
David Ahn, MD
- 2:20 **Break and Exhibits**

Managing Diabetes and Related Disorders: Session IV

Moderators: Estelle Everett MD and Ian Downs, MD

- 2:35 **Diabetes and Bone Health**
Gina Woods, MD
- 3:15 **Obesity Management: The Medical Approach**
Robert Li, MD
- 3:55 **Closing Remarks**
- 4:00 **Adjourn**

General Information

Conference Location

The Ritz-Carlton, Marina del Rey
4375 Admiralty Way
Marina del Rey, California 90292
310-823-1700

Hotel Accommodations

Please visit the Ritz Carlton-Marina del Rey website to make a reservation. Please note that there is no room block for the course.

Parking

Valet parking is \$18.00

Fees

Physicians: \$175.00

Allied Health Professionals
and Students: \$150.00

Refunds

Cancellations must be received by email to ccpd@mednet.ucla.edu by October 25, 2024, and will be subject to a \$75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be canceled, discontinued, or rescheduled, a full refund will be provided.

Enrollment

Online

Visit <https://ucla.cloud-cme.com/Diabetes2024> to enroll online. You may use your credit cards or choose the ACH option to process payment.*

*Credit card and check payments via phone, fax, or mail are no longer accepted.

Course Recording:

The course will not be recorded.

Questions

If you have questions about enrollment, please email ccpd@mednet.ucla.edu or call (310) 794-2620.

Accreditation

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.