

**UCLA**

**David Geffen School of Medicine**

**41st Carl M. Pearson  
Memorial Symposium**

# **Frontiers of Rheumatology**

**April 26-28, 2024**

**Friday, Saturday and Sunday**

**Marina del Rey Marriott  
Marina del Rey, California**



**COURSE CO-CHAIRS**

**Philip J. Clements, MD, MPH**  
Professor of Rheumatology\*

**Daniel E. Furst, MD**  
Professor of Rheumatology\*

**Maureen McMahon, MD**  
Professor of Rheumatology\*

**Suzanna Kafaja, MD**  
Professor of Rheumatology\*

## Course Description

For the past 42 years, The Annual Seminar Frontiers of Rheumatology, has honored the memory of Carl M. Pearson, MD, the founding chief of Rheumatology at UCLA. This event gathers distinguished faculty for three days of interactions, presentations and educational discussions with participants, of current topics, recent advances and impending progress of importance to physicians and other providers of care to patients with autoimmune and musculoskeletal conditions. The course has been well reviewed by participants and by visiting faculty who enjoy the relaxed atmosphere, challenging queries from participants and many opportunities for interactions. Many have repeatedly returned to subsequent seminars. Participants record their opinions about the quality of each presentation and of the overall course each year.

Participants also record their suggestions for future topics and speakers. Their suggestions are used by the organizers, along with comments from the faculty and knowledge of current literature and areas of need, to develop each year's program. The basic purpose of the seminars is to maintain and improve the skills of the participants and to improve the care and outcomes of their patients.

## Target Audience

This program is intended to provide rheumatologists, interested physicians, health care professionals, and rheumatology fellows with the most current information and insights on treatment of rheumatic disease. Interaction between participants and faculty members is emphasized.

## Learning Objectives

Frontiers of Rheumatology's objective is to update the learner's current knowledge in rheumatology, focusing on the practical clinical perspective. In addition to lectures and extensive question-and-answer periods, casual exchanges will provide many opportunities for faculty and participants to interact and discuss clinically important topics.

At the end of this activity, learners should be able to:

- Discuss the Mediterranean Diet and/or Omega-3 Fatty acids and whether if it can help RA
- Explain the effects of the drugs used in rheumatology during surgery
- Treat gastrointestinal systemic sclerosis
- Describe insights regarding CNS vasculitis
- Demonstrate an understanding of the newest developments in IgG4 disease
- Explain what is new in CAR-T therapy
- Interpret the rapidly changing understanding of psoriatic arthritis and its treatment
- Demonstrate an understanding of the approach to diagnosing and treating polymyositis
- Understanding the evolution of therapeutic approaches and latest advances in the treatment of Lupus Nephritis
- Develop an understanding of the symptoms of long covid and discuss the similarities and differences to rheumatic disease symptoms

# Frontiers of Rheumatology

**Friday, April 26, 2024**

- 8:15      **Opening/radiology slide review**  
Maureen McMahon, MD
- 8:30-9:15      **Does Long Covid exist?**  
Kevin Winthrop, MD
- 9:15-10:00      **Peri-operative risk mitigation for patients with rheumatic diseases**  
Susan Goodman, MD
- 10:00-10:25      **Break**
- 10:25-11:10      **What is CAR T therapy and will it work in Rheumatology?**  
Roberto Caricchio, MD
- 11:10-11:55      **Polymyositis: Treating resistant disease**  
Christina Charles-Schoeman, MD
- 11:55-12:00      **Morning wrap up**  
Maureen McMahon, MD
- 12:00-1:15      **Lunch**
- 1:15-2:00      **Scleroderma Update**  
Dinesh Khanna, MD
- 2:00-2:15      **Break**
- 2:15-3:15      **MTP**
- Difficult to treat Scleroderma**  
Dinesh Khanna, MD
- Myositis**  
Christina Charles-Schoeman, MD
- 3:15      **Adjourn**

# 41st Carl M. Pearson Memorial Symposium

# Frontiers of Rheumatology

## Saturday, April 27, 2024

- 8:15-8:30 **Intro and Slide review**  
Dan Furst, MD
- 8:30-9:15 **Fats: the Mediterranean Diet and omega-3 FAs in RA; What we need to know**  
Joel Kremer, MD
- 9:15-10:00 **CNS Vasculitis**  
Rula Hajj-Ali, MD
- 10:00-10:35 **Break**
- 10:35-11:15 **IgG4 Related Disease**  
Guy Katz, MD
- 11:15-12:00 **What's New in Psoriatic Arthritis?**  
Dan Furst, MD
- 12:00-1:15 **Lunch**
- 1:15-2:00 **New therapeutics in the management of Obesity**  
Dr. Vijaya Surampudi, MD
- 2:00-2:15 **Break**
- 2:15-3:15 **Meet the Professor**
- Vasculitis**  
Rula Hajj-Ali, MD
- RA**  
Joel Kremer, MD
- 3:15-5:15 **Wine and cheese**

## Sunday, April 28, 2024

- 8:45-9:00 **Intro/slide review**
- 9:00-10:30 **Thieves Market**  
Suzanne Kafaja, MD; Phil Clements, MD
- 10:30-11:15 **Lupus nephritis Past, Present, and Future**  
Bevra Hahn, MD
- 11:15-12:00 **Radiology Review**  
Jonathan Chen, MD
- 12:00 **Closing remarks**

## GENERAL INFORMATION

### Meeting Location

Marina del Rey Marriott  
4100 Admiralty Way  
Marina del Rey, CA 90292  
(310) 301-3000

The Marina del Rey Marriott is located three blocks from the beach in the heart of Marina del Rey, across from the world's largest man-made harbor. It is six miles from LAX airport, with access to all area freeways and major surface routes. Within walking distance of the hotel are a variety of restaurants, clubs, and shops as well as biking paths, jogging trails and the Marina Beach. Close to Marina del Rey are art galleries, popular restaurants, architectural showpieces, and the distinctive cultural scene of Santa Monica and Venice Beach. Shopping in Beverly Hills and Century City is also close by. The Los Angeles area offers a variety of vacation entertainment for both adults and children. Disneyland, Knotts Berry Farm, Magic Mountain and Universal Studios are just a sample of attractions that help to make a visit to Southern California a memorable experience.

### Accommodations

A limited block of rooms has been reserved at the Marina del Rey Marriott for seminar participants at a special conference rate for per night for single/double occupancy.

To reserve a room call (800) 228-9290 or (310) 301-3000. Make sure to mention the UCLA Rheumatology Course when calling in your reservations.

### In-person attendees will be provided breakfast and catering at the meeting site.

The **UCLA Frontiers of Rheumatology 2024** will also be available through a live virtual meeting web platform.

Attendees who choose to attend the live virtual activity will receive a virtual meeting link and password to access the live virtual conference.

All registrants (live or virtual) will be provided the opportunity to review recorded sessions up to 3 weeks following the conference.

The recorded sessions are not certified for CME credit.

### Conference Parking

There will be special valet day parking rate of \$21 per day for attendees of the conference. Overnight parking is \$42 per night.

### Enrollment

**Online:** To register using a credit card or ACH/electronic transfer, please visit <https://ucla.cloud-cme.com/rheumatology2024> and click register.

\*Credit card and check payments via phone, fax, or mail are no longer accepted.

### Refunds

Cancellations must be received via email to [ccpd@mednet.ucla.edu](mailto:ccpd@mednet.ucla.edu) by 4/5/24 and will be subject to \$50 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled, a full refund will be provided.

### Accreditation

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 13.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved for the *AMA PRA Category 1 Credits™* as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

### Disclosure Statement

The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. UCLA fully endorses the letter and spirit of these concepts.

**Early registration is recommended, as space is limited.**

## REGISTRATION

### Preferred enrollment:

Visit <https://ucla.cloud-cme.com/rheumatology2024>

Course Title & Number	Amount
<b>41st Annual Frontiers of Rheumatology C12201</b>	

#### REGISTRATION FEE:

- \$350 MD, PhD – Live In-Person Participant
- \$350 MD, PhD – Live Virtual Participant via zoom
- \$150 RN – Live In-Person Participant
- \$150 RN – Live Virtual Participant via zoom
- \$80 Trainees/Fellows – Live In-Person Participant
- \$80 Trainees/Fellows – Live Virtual Participant via zoom

**In-person registration** includes access to the course materials and catering at the meeting site.

**Virtual registration** includes access to the live stream virtual conference. All registrants (live or virtual) will receive access to the conference recordings up to 3 weeks following the program.

We accept Visa, MasterCard, American Express, and Discover credit cards.

To register using a credit card or ACH/electronic transfer, please visit <https://ucla.cloud-cme.com/rheumatology2024>

\*Credit card and check payments via phone, fax, or mail are no longer accepted.

#### Questions

If you have questions about enrollment, please call (310) 794-2620 or email: [ccpd@mednet.ucla.edu](mailto:ccpd@mednet.ucla.edu)